

FALL FOLIAGE 5K/10K JAL "HOOT"-EN

A virtual race to support Cope Environmental Center!

Schedule: The beauty of a virtual race is that you can run it where ever and whenever you want within the dates of Sunday, October 18, to Sunday, October 25, 2020. Just get outside, get some exercise and enjoy the fresh air while supporting Cope Environmental Center. The course will be lightly marked with spray paint arrows. T-shirt pickup will be Saturday, October 24 from 9:00am-12:00pm, and Tuesday, October 27 from 4:00pm-6:00pm at Cope Environmental Center. *Barred owl art provided by Stella Witte. Fees: \$20.00 registration fee

Registration: Complete form below or register online at www.active.com - Search "Cope Environmental Center."

Course: The Fall Foliage 5k course begins on a trail, transitions to gravel, then quickly changes to a short stretch of paved road, before returning to a narrower grass/mulch/hard packed trail. There are exposed roots and trip hazards; trail may be muddy if there is rain. 10k route will do two loops of 5k course.











Cope Environmental Center Fall Foliage 5k/10k - October 2020		Please read and sign the waiver below
5K Run / Walk	10K Run	WAIVER: I agree to waive release and
	Registration \$20 Registration \$20	discharge for myself and my heirs all claims
Registration \$20		for damages against Cope Environmental
Last Name: First Name:_		Center and any and all sponsors, employees,
Shirt Size - Small, Medium, Large, XL, XXL or Youth Small, YM, YL		representatives and race officials, for any and
Opt out of shirt		all injuries resulting from my participation in
		this event. I verify and attest that I am
Address:		physically fit and sufficiently trained for this
City:		event.
Email:		Signature (Parent/Guardian if under 18)
Phone: Male or Female (circle one)		x
Date of Birth: / (MM/DD/YYYY)		^
Emergency Contact: Phone:		Date: